

Get Support:

Love Is Respect

What: Teen dating violence

Call: 866-331-9474

Text: "loveis" to 22522

Teen Line

What: Teen mental health
peer support

Call: 800-852-8336

Text: "TEEN" to 839-863

The Trevor Project

What: LGBTQ+ youth mental health

Call: 1-866-488-7386

Text: 678-678

If talking to someone
in-person isn't the
right choice for you,
check out these
options

Get Information:

Love Is Respect

What: Teen dating violence, healthy
relationships

<https://www.loveisrespect.org/>

OneLove

What: Teen dating violence, healthy
relationships

<https://www.joinonelove.org/>

Safety Net Project

What: Technological abuse and technology
safety

<https://www.techsafety.org/resources>

Break the Cycle

What: Teen dating violence

<https://www.breakthecycle.org/>

Want more
information
about teen
dating violence?
Check out these
online resources